



Committed to

- Families
- Animals
- Environment



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“Together WE Can Grow a Better Community.”

DancingTrees is a proud member of www.iSearchiGive.com
 Sign-up and start raising funds today!

Visit us on the web at: www.dancing-trees.org
 Email us at: dt@dancing-trees.org

*****SAVE THE DATE*****

2nd Annual Music Festival

Saturday, August 27th Doors Open @ 4:00 p.m.

All the Music
 All the Time
 for
 All the People

Magic Lantern Main Street • Bridgton • Maine

➔ **Reserve Your \$25 Tickets at**
 Magic Lantern Theater 207•647•9326
 DancingTrees 207•539•2670 or
dt@dancing-trees.org

➔ **Tickets Include**
 Entrance to all Shows, Dinner & Snacks
 Beer, Wine, Soft Drinks, & Water available
 for Sale

Performances By

- ⇒ Johnny Rawls, accomplished Soulful Blues artist hailing from Mississippi rocks the house
- ⇒ Singer Songwriter, Brad “Squintwood” Hooper, moves you with High Mileage Country Blues
- ⇒ dog.pile, local Classic Rock & Roll band will have you on your feet
- ⇒ Pete Finkle, charms with his “Happy Hardcore” style
- ⇒ Afterburners, a fun & lively band leaves you feeling you’ve been on vacation
- ⇒ CHOWDERFISH, Singer Songwriter, Pete Morton brings humor, smiles and laughter to his musical style that spans generations &

2011 Earth Day Challenge

Although, this year’s Earth Day Challenge received snow, our Prize Patrol found many people working hard outside raking, picking-up trash, and clearing debris.

Thank you “Prize Patrol” volunteers (Raven Merrill, Tamera Dobbins, Nicky Howell, Jacki & Ava Kennagh)!

Prize Winner, **Rick Parsons** of South Paris with “Prize Patrol” volunteer **Raven Merrill**



Help Us Give... Warm Clothing, Winter Boots, Snow Pants, & Winter Coats... To Our Community.

Can't come to us, we will come to you!

If you wish to unsubscribe to this e-newsletter, email us at dt@dancing-trees.org or call 207-539-2670.

Every Week is “Be Kind To Animals Week”!



Animal Corner

De-Skunking Your Dog

(Article from The Human Society of the United States)

Step 1: Keep Fido outside. While you prepare the de-skunking solution, keep your dog outside after he's sprayed so he doesn't carry the smell into your house. Check his eyes; if they're irritated or red, immediately flush them with cool water. **Step 2: Mix the Ingredients** Mix together: 1 quart of 3-percent hydrogen peroxide (available at your local pharmacy), 1/4 cup baking soda, 1 teaspoon liquid dishwashing soap. Wearing rubber gloves, wash your dog with this solution immediately after he's been sprayed. **DO NOT** get the solution in the dog's eyes. (If you don't have peroxide, baking soda, & liquid soap on hand, use vinegar diluted with water.) **Step 3: Clean and rinse** Rub the mixture through his fur, but don't leave it on him too long (peroxide can bleach his fur). Rinse him thoroughly. **Step 4: Shampoo** Next, wash your dog with pet shampoo and rinse thoroughly. Towel-dry your dog, and be sure to place him in a warm, sunny room for the next couple of hours so that he doesn't get chilled. If you dog has long fur, you may need to use a hair dryer to dry his fur.



The Best Way to Germinate Vegetable Seeds

By Jenny Harrington, eHow Contributor

updated: September 30, 2010



Grow healthy vegetables from seed. Level of Difficulty: Easy

Planting from seed is an inexpensive way to start a vegetable garden. Seed also provides a greater choice of plants, as nurseries usually only stock a limited selection of seedlings.

While seeds can be started directly in the garden bed, the best way to ensure vegetable seed germination is to start the seeds where you can control the temperature, light and amount of water the seeds receive. Sowing the seeds indoors gives you this control and also allows you to give the plants a few weeks head start on the spring gardening season.

Things You'll Need: Pots, Potting Mix, Seeds, Plastic Bag, Heat Mat (optional)

1. Fill seed-starting pots with a sterile, well-drained potting mixture that contains peat moss and vermiculite. These mixtures are disease-free and fine textured so small sprouts can easily push through the soil.
2. Water the potting mixture until the excess mixture drains from the bottom and into the drip tray. Leave the pots to sit in the drip tray for one to two hours so the mixture can absorb as much moisture as possible. Drain the excess moisture from the tray once the pots are done soaking.
3. Sow one to two vegetable seeds per pot. Plant the seeds at a depth equal to twice the seed's width. Some vegetable seeds must be sown on the surface of the soil, so refer to the seed packet for exact sowing depth requirements.
4. Place a plastic bag over the pots. The bag helps retain both moisture and warmth in the potting soil during seed germination.
5. Set the pots in a 65 to 75 F room to germinate. Alternately, set the pots on top a seedling heat mat set to 75 F. Cool soil inhibits germination.
6. Remove the plastic bag as soon as the seeds germinate, usually within seven to 14 days for most vegetable varieties. Move the pots to a well-lit area to continue growing.

Source: vegetable medley image by Liz Van Steenburgh from Fotolia.com

MARK YOUR CALENDAR

◆ Annual Tag Sale

Date: 05/28/11
Time: 8:30 a.m. - 11:30 a.m.
Place: On the patio at
Magic Lantern, Bridgton
Featuring furniture, household
items, & unique sundries. Come
early!

◆ Annual Music Festival

Date: 08/27/11
Time: Doors open at 4:00 p.m.
Place: Magic Lantern, Bridgton
(See Page 1 FMI or contact
Jacki @ dt@dancing-trees.org)

◆ Winter Warmth 5K Road Race

Date: 09/11/11
Time: 9:00 a.m.
Place: The Big Oxford
Fairgrounds, Oxford
[register online now](#) or contact
Jacki at dt@dancing-trees.org

MONETARILY SPEAKING

Your Money Blueprint for 2011 (Continued)

By Suzie Orman

Last month you automated your savings through payroll or account transfer and consulted with a financial planner to seek out stocks to meet your long term financial goals. If you haven't made time, there is no time like the present!



MAY: HIT A HOME RUN

This is the start of house-buying season, but since most of us stay put in any given year, let's focus on your current mortgage holders-starting with your homeowner's insurance. If rebuilding costs in your area have fallen in recent years, you could be over insured. Confirm that you have an extended replacement policy, which pays a set percentage over the dollar value of your coverage. And switch to a higher deductible which will lower your premium. Cover any expenses that amount to less than \$1000., with your emergency savings fund. Finally check your property tax base. If your current property tax bill is based on an old valuation of your home, contact your local tax assessor-you may be paying too much.

**"Out of clutter, find Simplicity. From discord, find Harmony.
In the middle of difficulty lies Opportunity."**

~Albert Einstein

Warm Ham and Sweet Potato Salad

\$3 Meals in Minutes by Ellen Brown



6 Servings takes 20 minutes to table

2 lbs. sweet potatoes, scrubbed

¼ cup cider vinegar

1 green pepper chopped

2 T mustard (we like Dijon)

2 garlic cloves, peeled and minced

2 cup *diced ham

¼ cup chopped red onion

½ cup olive oil

¼ cup chopped sweet pickles

4-6 cup lettuce

Bring a pot of salted water to a boil over high heat. Quarter sweet potatoes lengthwise, and cut quarters into 2 inch sections. Place sweet potatoes in the saucepan and boil for 10 minutes or until tender. Drain and run under cold water. Peel potatoes when cool enough to handle. Cut potatoes into 1 inch cubes and put in mixing bowls.

Combine vinegar, mustard, garlic in a jar with lid and shake well. Add oil, and shake well again. Add dressing to potatoes along with ham, onion, green pepper, and pickles. Toss gently and season with salt and pepper.

To serve, arrange greens on individual plates or large platter, and top with salad. Salad can be served at room temperature or chilled.

* substitute turkey or chicken for ham